

## Team Rockland Swimming

### Individual Meet Entries Report

**2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards**

**Location: Valley Central, NY**

**Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro**

**111 Treetop Circle**

**(845) 694-8017**

**Nanuet, NY 10954**

**teamrockland@optonline.net**

<b>GIRLS</b>
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<b>Liza Adamow (11)</b>			# 1	Girls 11-12 200 IM	2:41.26Y
# 1	Girls 11-12 200 IM	NT	# 9	Girls 11-12 200 Free	2:18.75Y
# 9	Girls 11-12 200 Free	NT	# 41	Girls 11-12 100 Free	1:03.31Y
# 41	Girls 11-12 100 Free	1:29.08Y	# 47	Girls 11-12 50 Back	33.15Y
# 47	Girls 11-12 50 Back	48.20Y	# 51	Girls 11-12 50 Fly	32.11Y
# 51	Girls 11-12 50 Fly	57.41Y	# 61	Girls 11-12 100 Breast	1:32.59Y
# 91	Girls 11-12 50 Free	37.75Y	# 91	Girls 11-12 50 Free	28.66Y
# 103	Girls 11-12 50 Breast	50.58Y	# 97	Girls 11-12 100 Fly	1:14.38Y
# 107	Girls 11-12 100 Back	NT	<b>Kalista Javenes (9)</b>		
<b>Erin Arduini (9)</b>			# 19	Girls 9-10 50 Back	53.27Y
# 19	Girls 9-10 50 Back	1:07.71Y	# 27	Girls 9-10 50 Fly	NT
# 27	Girls 9-10 50 Fly	NT	# 69	Girls 9-10 50 Free	49.39Y
# 69	Girls 9-10 50 Free	1:01.19Y	# 77	Girls 9-10 50 Breast	NT
# 77	Girls 9-10 50 Breast	NT	<b>Diane Lira (12)</b>		
<b>Lauren Aylmer (7)</b>			# 47	Girls 11-12 50 Back	NT
# 45	Girls 8 & Under 50 Free	47.73Y	# 51	Girls 11-12 50 Fly	NT
# 59	Girls 8 & Under 50 Breast	NT	# 91	Girls 11-12 50 Free	NT
# 95	Girls 8 & Under 100 Free	NT	# 103	Girls 11-12 50 Breast	NT
# 109	Girls 8 & Under 50 Back	53.89Y	<b>Danielle Logan (11)</b>		
<b>Samantha Colon (8)</b>			# 1	Girls 11-12 200 IM	NT
# 45	Girls 8 & Under 50 Free	45.95Y	# 9	Girls 11-12 200 Free	NT
# 55	Girls 8 & Under 100 IM	2:02.79Y	# 41	Girls 11-12 100 Free	1:14.75Y
# 59	Girls 8 & Under 50 Breast	1:04.25Y	# 47	Girls 11-12 50 Back	44.19Y
# 95	Girls 8 & Under 100 Free	1:39.75Y	# 51	Girls 11-12 50 Fly	39.33Y
# 101	Girls 8 & Under 50 Fly	1:02.59Y	# 91	Girls 11-12 50 Free	34.08Y
# 109	Girls 8 & Under 50 Back	57.63Y	# 103	Girls 11-12 50 Breast	1:04.83Y
<b>Vondelle Crooks (13)</b>			# 107	Girls 11-12 100 Back	1:34.58Y
# 71	Girls 13-14 100 Free	NT	<b>Kale'a Plassart (10)</b>		
# 79	Girls 13-14 100 Breast	NT	# 19	Girls 9-10 50 Back	NT
<b>Reilly DeGroat (9)</b>			# 27	Girls 9-10 50 Fly	NT
# 19	Girls 9-10 50 Back	1:19.19Y	# 69	Girls 9-10 50 Free	NT
# 27	Girls 9-10 50 Fly	NT	# 77	Girls 9-10 50 Breast	NT
# 69	Girls 9-10 50 Free	1:05.67Y	<b>Nakita Plassart (9)</b>		
# 77	Girls 9-10 50 Breast	NT	# 19	Girls 9-10 50 Back	NT
<b>Heather Hamann (8)</b>			# 27	Girls 9-10 50 Fly	NT
# 45	Girls 8 & Under 50 Free	59.80Y	# 69	Girls 9-10 50 Free	NT
# 59	Girls 8 & Under 50 Breast	NT	# 77	Girls 9-10 50 Breast	NT
# 95	Girls 8 & Under 100 Free	NT	<b>Paige Raccioppi (15)</b>		
# 109	Girls 8 & Under 50 Back	1:06.38Y	# 5	Girls Open 400 IM	4:39.03Y
<b>Lindsie Holmes (16)</b>			# 13	Girls Open 1000 Free	11:08.03Y
# 5	Girls Open 400 IM	5:00.27Y	# 35	Girls Open 200 Fly	2:13.88Y
# 11	Girls Open 500 Free	5:38.64Y	# 43	Girls Open 50 Free	25.12Y
# 35	Girls Open 200 Fly	2:23.47Y	# 53	Girls Open 100 Fly	1:02.06Y
# 43	Girls Open 50 Free	28.41Y	# 93	Girls Open 100 Free	56.64Y
# 49	Girls Open 100 Back	1:06.12Y	# 99	Girls Open 200 IM	2:15.13Y
# 81	Girls Open 200 Back	2:23.87Y	# 105	Girls Open 100 Breast	1:15.83Y
# 99	Girls Open 200 IM	2:22.42Y	<b>Lea Rodenas (10)</b>		
# 105	Girls Open 100 Breast	1:19.09Y	# 15	Girls 9-10 100 Free	1:38.39Y
<b>Theresa Hutton (11)</b>			# 19	Girls 9-10 50 Back	56.57Y

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Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro

<b>GIRLS</b>
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# 28	Boys 9-10 50 Fly	NT	# 54	Boys Open 100 Fly	1:22.52Y
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# 100	Boys Open 200 IM	NT	# 82	Boys Open 200 Back	2:12.63Y
# 106	Boys Open 100 Breast	1:23.25Y	# 94	Boys Open 100 Free	52.79Y
<b>Tj Devito (12)</b>			# 100	Boys Open 200 IM	2:02.40Y
# 2	Boys 11-12 200 IM	2:46.39Y	<b>David Kereselidze (11)</b>		
# 10	Boys 11-12 200 Free	2:22.80Y	# 2	Boys 11-12 200 IM	NT
# 42	Boys 11-12 100 Free	1:05.93Y	# 10	Boys 11-12 200 Free	NT
# 48	Boys 11-12 50 Back	34.07Y	# 42	Boys 11-12 100 Free	NT
# 52	Boys 11-12 50 Fly	35.41Y	# 48	Boys 11-12 50 Back	NT
# 62	Boys 11-12 100 Breast	1:26.89Y	# 62	Boys 11-12 100 Breast	NT
# 92	Boys 11-12 50 Free	29.19Y	# 92	Boys 11-12 50 Free	NT
# 98	Boys 11-12 100 Fly	1:24.57Y	# 104	Boys 11-12 50 Breast	NT
<b>Ryan Doolan (10)</b>			# 108	Boys 11-12 100 Back	NT
# 20	Boys 9-10 50 Back	NT	<b>Nicholas Kereselidze (13)</b>		
# 28	Boys 9-10 50 Fly	NT	# 4	Boys 13-14 400 IM	NT
# 70	Boys 9-10 50 Free	44.69Y	# 12	Boys Open 500 Free	NT
# 78	Boys 9-10 50 Breast	NT	# 18	Boys 13-14 50 Free	NT
<b>Anthony Fernandez (11)</b>			# 22	Boys 13-14 100 Back	NT
# 48	Boys 11-12 50 Back	1:16.83Y	# 26	Boys 13-14 100 Fly	NT
# 52	Boys 11-12 50 Fly	NT	# 72	Boys 13-14 100 Free	NT
# 92	Boys 11-12 50 Free	48.50Y	# 76	Boys 13-14 200 IM	NT
# 104	Boys 11-12 50 Breast	NT	# 80	Boys 13-14 100 Breast	NT
<b>Brandon Finn (15)</b>			<b>Danny Leibel (17)</b>		
# 6	Boys Open 400 IM	NT	# 6	Boys Open 400 IM	4:42.72Y
# 12	Boys Open 500 Free	6:29.87Y	# 12	Boys Open 500 Free	5:21.98Y

## Team Rockland Swimming

### Individual Meet Entries Report

2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards

Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro

#### BOYS

# 36	Boys Open 200 Fly	2:17.03Y	# 54	Boys Open 100 Fly	1:13.87Y
# 50	Boys Open 100 Back	55.98Y	# 94	Boys Open 100 Free	59.24Y
# 54	Boys Open 100 Fly	58.23Y	# 100	Boys Open 200 IM	2:28.37Y
# 82	Boys Open 200 Back	2:05.16Y	# 106	Boys Open 100 Breast	1:20.41Y
# 94	Boys Open 100 Free	53.55Y	<b>Andrew Santiago (16)</b>		
# 100	Boys Open 200 IM	2:11.09Y	# 6	Boys Open 400 IM	NT
<b>William Lenore (11)</b>			# 12	Boys Open 500 Free	5:41.06Y
# 48	Boys 11-12 50 Back	NT	# 44	Boys Open 50 Free	26.01Y
# 52	Boys 11-12 50 Fly	NT	# 50	Boys Open 100 Back	1:13.73Y
# 92	Boys 11-12 50 Free	1:16.63Y	# 54	Boys Open 100 Fly	1:10.50Y
# 104	Boys 11-12 50 Breast	NT	# 94	Boys Open 100 Free	56.22Y
<b>Sean McIlhargy (17)</b>			# 100	Boys Open 200 IM	2:30.01Y
# 6	Boys Open 400 IM	4:39.73Y	# 106	Boys Open 100 Breast	1:20.88Y
# 12	Boys Open 500 Free	5:12.98Y	<b>Roque Santiago (14)</b>		
# 44	Boys Open 50 Free	23.77Y	# 12	Boys Open 500 Free	NT
# 50	Boys Open 100 Back	1:03.25Y	# 18	Boys 13-14 50 Free	34.02Y
# 54	Boys Open 100 Fly	1:02.16Y	# 22	Boys 13-14 100 Back	1:40.40Y
# 94	Boys Open 100 Free	52.47Y	# 26	Boys 13-14 100 Fly	NT
# 100	Boys Open 200 IM	2:08.84Y	# 72	Boys 13-14 100 Free	1:17.34Y
# 106	Boys Open 100 Breast	1:03.95Y	# 76	Boys 13-14 200 IM	3:22.02Y
<b>Richard Meany (16)</b>			# 80	Boys 13-14 100 Breast	1:56.42Y
# 6	Boys Open 400 IM	4:42.40Y	<b>David Sokoler (6)</b>		
# 14	Boys Open 1000 Free	10:57.45Y	# 46	Boys 8 & Under 50 Free	1:07.37Y
# 36	Boys Open 200 Fly	2:20.27Y	# 60	Boys 8 & Under 50 Breast	NT
# 50	Boys Open 100 Back	58.80Y	# 96	Boys 8 & Under 100 Free	NT
# 54	Boys Open 100 Fly	59.98Y	# 110	Boys 8 & Under 50 Back	NT
# 82	Boys Open 200 Back	2:04.30Y	<b>Trystian Sullivan (10)</b>		
# 94	Boys Open 100 Free	52.55Y	# 70	Boys 9-10 50 Free	NT
# 100	Boys Open 200 IM	2:10.71Y	# 78	Boys 9-10 50 Breast	NT
<b>Samuel Melendez (13)</b>			<b>Michael Tartakovsky (10)</b>		
# 4	Boys 13-14 400 IM	NT	# 8	Boys 9-10 200 Free	2:46.04Y
# 12	Boys Open 500 Free	5:56.17Y	# 16	Boys 9-10 100 Free	1:13.13Y
# 18	Boys 13-14 50 Free	27.46Y	# 20	Boys 9-10 50 Back	36.17Y
# 22	Boys 13-14 100 Back	1:09.67Y	# 28	Boys 9-10 50 Fly	40.26Y
# 30	Boys 13-14 200 Free	2:12.63Y	# 70	Boys 9-10 50 Free	31.02Y
# 72	Boys 13-14 100 Free	1:00.97Y	# 74	Boys 9-10 100 Fly	NT
# 80	Boys 13-14 100 Breast	1:25.10Y	# 84	Boys 9-10 100 Back	1:20.40Y
# 86	Boys 13-14 200 Back	NT	<b>Alexander Tiso (7)</b>		
<b>Jake Raccioppi (12)</b>			# 46	Boys 8 & Under 50 Free	50.98Y
# 2	Boys 11-12 200 IM	2:41.11Y	# 56	Boys 8 & Under 100 IM	2:11.72Y
# 10	Boys 11-12 200 Free	2:18.98Y	# 60	Boys 8 & Under 50 Breast	1:17.43Y
# 42	Boys 11-12 100 Free	1:05.51Y	# 96	Boys 8 & Under 100 Free	1:52.25Y
# 52	Boys 11-12 50 Fly	32.03Y	# 102	Boys 8 & Under 50 Fly	NT
# 58	Boys 11-12 100 IM	1:17.59Y	# 110	Boys 8 & Under 50 Back	NT
# 92	Boys 11-12 50 Free	30.62Y	<b>Christopher Tiso (9)</b>		
# 98	Boys 11-12 100 Fly	1:13.14Y	# 16	Boys 9-10 100 Free	1:29.59Y
# 108	Boys 11-12 100 Back	1:19.19Y	# 20	Boys 9-10 50 Back	51.08Y
<b>Anthony Ruzzi (17)</b>			# 32	Boys 9-10 100 IM	1:50.78Y
# 6	Boys Open 400 IM	5:21.62Y	# 70	Boys 9-10 50 Free	41.77Y
# 12	Boys Open 500 Free	6:00.89Y	# 78	Boys 9-10 50 Breast	1:09.42Y
# 44	Boys Open 50 Free	27.33Y	# 84	Boys 9-10 100 Back	NT
# 50	Boys Open 100 Back	1:09.74Y	<b>Alberto Vacca (12)</b>		

**Team Rockland Swimming****Individual Meet Entries Report****2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards****Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro****BOYS**

# 42	Boys 11-12 100 Free	NT
# 48	Boys 11-12 50 Back	NT
# 52	Boys 11-12 50 Fly	NT
# 92	Boys 11-12 50 Free	NT
# 104	Boys 11-12 50 Breast	NT
# 108	Boys 11-12 100 Back	NT
<b>Justin Yu (16)</b>		
# 12	Boys Open 500 Free	6:15.98Y
# 94	Boys Open 100 Free	58.56Y
# 100	Boys Open 200 IM	2:31.63Y
# 106	Boys Open 100 Breast	1:14.16Y
<b>Matthew Zugibe (11)</b>		
# 48	Boys 11-12 50 Back	NT
# 52	Boys 11-12 50 Fly	NT
# 92	Boys 11-12 50 Free	NT
# 104	Boys 11-12 50 Breast	NT

**Team Rockland Swimming**

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**Individual Meet Entries Report****2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards****Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro****Female IE's: 132****Male IE's: 194**

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**Total IE's: 326****Total Athletes: 53**