

## Team Rockland Swimming

### Individual Meet Entries Report

**Ladies Night Out Meet 08-Jan-10 Yards**

**Location: YWCA**

**Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro**

**111 Treetop Circle**

**(845) 694-8017**

**Nanuet, NY 10954**

**teamrockland@optonline.net**

<b>GIRLS</b>
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<p><b>Liza Adamow (11)</b></p> <p># 6 Girls 11-12 100 Free 1:22.72Y</p> <p># 18 Girls 11-12 50 Breast 49.54Y</p> <p># 22 Girls 11-12 100 IM 1:44.41Y</p> <p><b>Erin Arduini (9)</b></p> <p># 5 Girls 9-10 100 Free 2:06.14Y</p> <p># 13 Girls 9-10 100 Back NT</p> <p><b>Vondelle Crooks (13)</b></p> <p># 7 Girls 13-14 200 Free NT</p> <p># 11 Girls 13-14 100 Fly NT</p> <p># 19 Girls 13-14 100 Breast NT</p> <p><b>Reilly DeGroat (9)</b></p> <p># 5 Girls 9-10 100 Free NT</p> <p># 13 Girls 9-10 100 Back NT</p> <p><b>Lindsie Holmes (16)</b></p> <p># 12 Girls 15-18 100 Fly 1:04.94Y</p> <p># 16 Girls 15-18 200 Back 2:23.87Y</p> <p># 20 Girls 15-18 100 Breast 1:19.09Y</p> <p><b>Theresa Hutton (11)</b></p> <p># 6 Girls 11-12 100 Free 1:01.39Y</p> <p># 14 Girls 11-12 100 Back 1:10.01Y</p> <p># 18 Girls 11-12 50 Breast 44.63Y</p> <p><b>Kalista Javenes (9)</b></p> <p># 5 Girls 9-10 100 Free 1:44.10Y</p> <p># 9 Girls 9-10 50 Fly 1:18.69Y</p> <p># 17 Girls 9-10 50 Breast NT</p> <p><b>Stephanie Klein (10)</b></p> <p># 5 Girls 9-10 100 Free NT</p> <p># 9 Girls 9-10 50 Fly NT</p> <p># 17 Girls 9-10 50 Breast NT</p> <p><b>Danielle Logan (12)</b></p> <p># 6 Girls 11-12 100 Free 1:12.18Y</p> <p># 10 Girls 11-12 50 Fly 37.53Y</p> <p># 22 Girls 11-12 100 IM 1:31.64Y</p> <p><b>Amanda McIlhargy (14)</b></p> <p># 7 Girls 13-14 200 Free 2:12.78Y</p> <p># 11 Girls 13-14 100 Fly 1:10.95Y</p> <p># 23 Girls 13-14 200 IM 2:33.64Y</p> <p><b>Shae O'Brien (11)</b></p> <p># 6 Girls 11-12 100 Free NT</p> <p># 14 Girls 11-12 100 Back NT</p> <p># 18 Girls 11-12 50 Breast NT</p> <p><b>Paige Raccioppi (15)</b></p> <p># 12 Girls 15-18 100 Fly 1:02.06Y</p> <p># 20 Girls 15-18 100 Breast 1:15.83Y</p> <p># 24 Girls 15-18 200 IM 2:15.13Y</p> <p><b>Lea Rodenas (10)</b></p> <p># 5 Girls 9-10 100 Free 1:33.35Y</p> <p># 9 Girls 9-10 50 Fly 1:01.04Y</p>	<p># 21 Girls 9-10 100 IM 1:45.92Y</p> <p><b>Maggie Romano (9)</b></p> <p># 5 Girls 9-10 100 Free NT</p> <p># 13 Girls 9-10 100 Back NT</p> <p><b>Cassandra Rubino (12)</b></p> <p># 6 Girls 11-12 100 Free 1:04.95Y</p> <p># 10 Girls 11-12 50 Fly 33.44Y</p> <p># 14 Girls 11-12 100 Back 1:16.29Y</p> <p><b>Kathryn Ruzzi (11)</b></p> <p># 6 Girls 11-12 100 Free 1:14.48Y</p> <p># 10 Girls 11-12 50 Fly 40.66Y</p> <p># 14 Girls 11-12 100 Back 1:30.63Y</p> <p><b>Gabriella Santiago (10)</b></p> <p># 5 Girls 9-10 100 Free 1:25.74Y</p> <p># 9 Girls 9-10 50 Fly 57.34Y</p> <p># 21 Girls 9-10 100 IM 1:55.10Y</p> <p><b>Marina Scaffidi (12)</b></p> <p># 6 Girls 11-12 100 Free NT</p> <p># 14 Girls 11-12 100 Back NT</p> <p># 18 Girls 11-12 50 Breast NT</p> <p><b>Alexandra Stata (12)</b></p> <p># 6 Girls 11-12 100 Free NT</p> <p># 10 Girls 11-12 50 Fly 51.85Y</p> <p># 14 Girls 11-12 100 Back NT</p> <p><b>Heather Sussman (14)</b></p> <p># 7 Girls 13-14 200 Free 2:21.76Y</p> <p># 11 Girls 13-14 100 Fly 1:21.94Y</p> <p># 19 Girls 13-14 100 Breast 1:29.94Y</p> <p><b>Polina Svensson (14)</b></p> <p># 7 Girls 13-14 200 Free 2:20.67Y</p> <p># 15 Girls 13-14 200 Back NT</p> <p># 19 Girls 13-14 100 Breast 1:23.94Y</p> <p><b>Alexandra Zararis (9)</b></p> <p># 5 Girls 9-10 100 Free 1:31.85Y</p> <p># 13 Girls 9-10 100 Back 1:39.41Y</p> <p># 17 Girls 9-10 50 Breast 54.09Y</p>
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**Individual Meet Entries Report****Ladies Night Out Meet 08-Jan-10 Yards****Team Rockland Swimming [TRS-MR] Coach: Jennifer Cancro****Female IE's: 63****Male IE's: 0**

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**Total IE's: 63****Total Athletes: 22**