

Things you need to know for SSLRC Prelims and Finals

What are “Preliminaries” (prelims/trials)? – Preliminaries give all who are entered in an event an opportunity to race. The top 6 finishers for that race advance to finals in that race.

What are “Finals”?

Finals are for those who finish in the top 6 positions in each event after the preliminary round has been completed. The top 6 finishers advance to the final round.

Who swims in preliminaries/trials and/or finals?

All swimmers participate in their individual events during the preliminary round (exception for timed final – see below). There are different preliminary events held on Monday and Tuesday. It is the responsibility of each swimmer/parent to know which events fall on which day(s).

Timed Finals are events that have only 6 or less entrants in the race. In this case there is no need for a preliminary round. Therefore, that event automatically becomes a “timed final” and will be swum only at finals.

What if I am an “alternate”?

An “alternate” is a swimmer who finishes 7th or 8th in an event.

If your child is an alternate they may have an opportunity to compete in finals. In the event a top 6 finisher (from prelims) does not report to their event in a timely manner the official will call for the alternate to take their place. If the first alternate (7th place) does not show the 2nd alternate will be called.

If a swimmer is an alternate they are to report to the head official 2 heats prior to their race and identify themselves as an alternate. Your coach will help your kids do that.

If your child is an alternate they are expected to be at finals for the designated WU time.

How do I know if I’m on a relay?

Relays are timed finals and are swum during finals only (not prelims).

Relays will be posted to our website by Tuesday night. Final decisions on relay spots will be made after prelims. We will have a full team meeting at Bowline Park on Wed. evening (6:45 pm) to finalize and review all that is expected of our swimmers for Thursdays finals.