HOW TO ORDER TEAM ROCKLAND ITEMS ONLINE

1. To access the Team Rockland Swimming secured site, go to www.vo2sports-us.com click on the Team Login tab.

2. If you have already registered your email address with VO2 and entered the team passcode, go ahead and Sign In using the email address you registered, then go to step 5.

3. If you have not registered with VO2, click on the Register Now button and fill out the information requested and then click Create. Keep this information in a safe place for when you need to login in the future.

   ***You will not be able to access your team account unless you have registered with and are signed into VO2.

4. Enter the email address and password you used when you registered and click on the Sign In box.

5. You have now successfully signed in to your account. You should see a list of all the VO2 Sports team currently active on our website. Find your team, Team Rockland Swimming and click on it.

6. You will be asked to enter your Team Passcode: TrsSw1m (case sensitive)

   ***Once you enter your team passcode, it will be connected and saved to your VO2 account for future visits.

7. Team Rockland should now be listed on the left side of your screen under Team Login. You can now list more than one team under your account. We hope that this will now make purchasing your team appointed merchandise easier than ever.

Remember... You must be registered and signed into your VO2 account to view your team portal.

If you have any questions, please do not hesitate to contact us.

Thank You.

The VO2 Sports Team